

HON. JOHN C. COUGHENOUR

UNITED STATES DISTRICT COURT
WESTERN DISTRICT OF WASHINGTON
AT SEATTLE

B. E. and A. R., on their own behalf and on
behalf of all similarly situated individuals,

Plaintiffs,

v.

DOROTHY F. TEETER, in her official capacity
as Director of the Washington State Health Care
Authority,

Defendant.

NO. 2:16-cv-00227

PLAINTIFFS' MOTION FOR
PRELIMINARY INJUNCTION

Noted for Consideration:
April 15, 2016

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I. INTRODUCTION

Plaintiffs are Washington Medicaid enrollees who have contracted Hepatitis C virus (“HCV”), a blood-borne, communicable disease that afflicts millions of Americans. After many years without effective treatment, there is now a cure for plaintiffs and others like them. Eradication of this potentially lethal disease is now possible. Despite the medical breakthrough, the Washington State Health Care Authority (“WHCA”) does not cover the treatment for all individuals infected with HCV. Instead, it excludes all Medicaid recipients from the treatment, except those few who have suffered the most liver damage from the disease. WHCA limits coverage of the cure solely because it is expensive. This rationing of care violates federal law.

The standard of care for treating Hepatitis C virus is established by the American Association for the Study of Liver Disease (AASLD)¹ and the Infectious Diseases Society of America (IDSA).² The two organizations have jointly issued extensive treatment guidelines for HCV which recommend treatment for virtually all infected individuals:

Recommendations for When and in Whom to Initiate Treatment

Treatment is recommended for all patients with chronic HCV infection, except those with short life expectancies that cannot be remediated by treating HCV, by transplantation, or by other directed therapy. Patients with short life expectancies owing to liver disease should be managed in consultation with an expert.

Rating: Class I, Level A

Declaration of Robert G. Gish, M.D., *Exh. B* (emphasis in original and added). Despite the medical evidence, WHCA asserts that it can apply a blanket exclusion of coverage for thousands of Medicaid enrollees with HCV, and make them wait an indefinite period of time, perhaps years, for treatment. There is no clinical justification for this “wait and see” approach.

¹ AASLD was founded in 1950 and is the leading organization of scientists and health care professionals committed to preventing and curing liver disease. See <http://www.aasld.org/about-aasld>.

² IDSA was founded in 1963 and represents physicians, scientists and other infectious disease specialists promoting excellence in patient care, education, research, public health, and prevention relating to infectious diseases. See http://www.idsociety.org/About_IDSA/.

WHCA's exclusionary policy is an outlier. In the past year, many Washington insurers and third-party payors voluntarily removed similar restrictions in their coverage of HCV treatment, including Premiera BlueCross, Aetna, United Healthcare, Medicare, the Veterans Administration, among others. See www.premera.com/medicalpolicies/5.01.606.pdf (Premera's policy); www.aetna.com/products/rxnonmedicare/data/GI/hepatitis_c.html (Aetna policy); www.najap.org/2014/HCV/PA_Notification_Harvoni_101414.pdf (United Healthcare policy); www.hepatitis.va.gov/pdf/treatment-considerations02-15-12-15.pdf (Veterans Administration policy); <http://www.npr.org/sections/health-shots/2014/05/16/313025946/medicare-eases-restrictions-on-pricey-hepatitis-c-treatment> (Medicare policy). When lawsuits were filed against Regence BlueShield, BridgeSpan and Group Health Cooperative regarding their similar exclusionary policies, the insurers changed their practices within a matter of weeks. Hamburger Decl., ¶ 11. Now, virtually all insured patients with HCV in Washington have access to this medically necessary treatment. The only ones left behind are Washington's Medicaid enrollees and those covered by WHCA's Public Employee Benefit Board (PEBB) program. WHCA's exclusions are clinically indefensible.

WHCA's rationing is not permitted under Medicaid law. As a condition of participating in the program and receiving federal matching funds, WHCA is required to provide "medical assistance," including payment for FDA-approved, covered prescription drugs, to all Medicaid enrollees when the treatment is "medically necessary." *Alvarez v. Betlach*, 572 F. App'x 519, 520-21 (9th Cir. 2014). WHCA cannot make some enrollees wait until their health is significantly damaged before they are covered for curative treatment. See 42 U.S.C. § 1396a(a)(8) (states must provide "medical assistance" including access to medically necessary prescription drugs with "reasonable promptness" typically considered 90 days). Nor can WHCA pick and choose among comparable Medicaid enrollees, deeming a few worthy of a cure, while leaving thousands without it. See 42 U.S.C. § 1396a(a)(10)(B)(i).

1 Plaintiffs and the putative class will suffer irreparable harm if they are forced to wait until
 2 they sustain liver damage before they can get treatment. Waiting until Medicaid enrollees' liver
 3 is significantly damaged before providing coverage for a cure increases their risk of serious health
 4 problems, including, but clearly not limited to, liver disease, cancer and death. Plaintiffs' expert,
 5 Robert Gish, M.D., a nationally renowned authority on viral hepatitis, explains:

6 [I]t is critical that patients with chronic HCV be treated *before* the
 7 liver has been damaged by the virus. Delaying treatment and
 8 observing an individual while that individual's liver degrades to a
 9 fibrosis score of F3 or F4 significantly increases the risk of death
 10 from cancer or liver failure. It also significantly increases the
 11 chance that the individual will require a liver transplant. ...
 12 Observation not only causes irreversible liver damage, it damages
 other organs as well because HCV is not just a disease that affects
 the liver. It is a systematic disease that, while untreated, can cause
 heart attacks, fatigue, joint pain, depression, sore muscles, arthritis,
 and, at times, premature death.

13 Gish Decl., ¶ 17. The AASLD-IDS A concurs: "Untreated HCV has been linked to many causes
 14 of death, such as liver cancer and kidney problems..." *Id.*, *Exh. C*. In addition, the risk of heart
 15 disease, lymphatic cancers, kidney damage, heart attacks, immune-related disease, diabetes,
 16 insulin resistance, nerve damage, jaundice, joint pain, depression, sore muscles, arthritis and
 17 premature death are all significantly increased when HCV is left untreated. Gish Decl., ¶¶ 3, 17,
 18 *Exh. L*; www.cdc.gov/hepatitis/statistics/index.htm.

19 A balancing of the interests at stake here – between the WHCA's fiscal concerns and
 20 plaintiffs' need for an immediate cure for this devastating, communicable virus – weighs heavily
 21 in favor of preliminary injunctive relief. *Lopez v. Heckler*, 713 F.2d 1432, 1437 (9th Cir. 1983).
 22 The Court should grant a preliminary injunction ordering WHCA to repeal the blanket exclusions
 23 contained in its February 25, 2015 HCV treatment policy and allow all Medicaid enrollees
 24 diagnosed with HCV to have their requests for HCV treatment be reviewed for medical necessity,
 25 consistent with the AASLD-IDS A Guidelines and existing state and federal Medicaid law.

II. FACTUAL BACKGROUND

A. Hepatitis C Virus Is a Widespread, Contagious and Deadly Disease.

Hepatitis C is a chronic, contagious disease of the liver. It is estimated that approximately five million individuals in the United States are living with this chronic disease, including 100,000 Washingtonians. Gish Decl., ¶ 3; www.doh.wa.gov/Portals/1/Documents/Pubs/150-063-HepatitisCStrategicPlan2014.pdf.

As it progresses, HCV causes severe liver damage, among the many other effects that accompany a chronic inflammatory disease. This progressive damage, known as “fibrosis,” is scored on an ascending fibrosis score of F0 (no liver damage) through F4 (cirrhosis of the liver). HCV is both widespread and deadly – over 20,000 people in the United States die every year due to liver disease caused by HCV. Gish Decl., ¶ 3; see <http://www.cdc.gov/hepatitis/Statistics/index.htm> (last visited March 9, 2016). Even before progressing to an advanced stage, however, HCV puts individuals at risk of multiple severe and life-threatening conditions. Gish Decl., ¶¶ 3, 17. Statistics from the Centers for Disease Control and Prevention indicate that up to 70% of those with HCV will develop chronic liver disease, 40% will develop cirrhosis, and more than 5% will develop liver cancer. *Id.*, ¶ 3.³

For many years, the main treatment for HCV was a three-drug treatment containing boceprevir, interferon and ribavirin. Gish Decl., ¶ 6; see Dkt. No. 16, ¶ 13. The treatment resulted in, at best, a 70% cure rate. Gish Decl., ¶ 6. Patients experienced severe side effects, including anemia, insomnia, anxiety, depression, nausea, bone pain, muscle, liver failure, joint pain, memory loss and death. *Id.*, ¶ 6, *Exh. K*. Indeed, the side effects were so severe, and the cure rate

³ Regardless of the specific progression of the disease, each person infected with HCV is benefited by immediate treatment, both in its effect on the liver and in its extrahepatic effects. See AASLD-IDSA, *Recommendations for Testing, Managing, and Treating Hepatitis C*, <http://www.hcvguidelines.org> (last visited March 9, 2016) (“AASLD-IDSA Guidelines”) at 30 (“[F]rom a medical standpoint, data continue to accumulate that demonstrate the many benefits, within the liver and extrahepatic, that accompany HCV eradication.”). For ease of reference, excerpts from the AASLD-IDSA Guidelines are also attached to the Declaration of Eleanor Hamburger, *Exh. A*.

1 so low, that many patients were unwilling to take the medications. WHCA admits that it never
 2 rationed the prior three-drug treatment based upon fibrosis score.⁴ Dkt. No. 16, ¶ 13.

3 **B. New “Breakthrough” Treatment Can Eradicate HCV.**

4 In 2011, however, the FDA began approving a series of oral medications capable of curing
 5 the infection. These drugs, known as Direct-Acting Antivirals (“DAAs”), were designated as
 6 “breakthrough therapies” by the FDA, a classification reserved for drugs that have proven to
 7 provide substantial improvement over available therapies for patients with serious or life-
 8 threatening diseases. Harvoni (ledipasvir-sofosbuvir) (“Harvoni”), a DAA treatment approved
 9 by the FDA on October 10, 2014, has a success rate of achieving sustained virologic response
 10 (“SVR”) of nearly 100% with little to no side effects. *Id.*, ¶ 7.⁵ WHCA does not dispute the
 11 efficacy of DAA treatment. *See* Dkt. No. 16, ¶¶ 14, 16. Accordingly, DAA treatments provide
 12 a very real opportunity to eradicate the HCV virus, so long as patients receive timely treatment.

13 **C. Clinical Standards Mandate Treatment for Virtually All HCV Patients.**

14 The AASLD and the IDSA have issued evidence-based treatment recommendations for
 15 HCV. *See* Hamburger Decl., *Exh. A* (excerpts from AASLD-IDSA Guidelines). These
 16 recommendations, developed by a panel of HCV experts in the fields of hepatology and infectious
 17 diseases, specifically confirm that DAA treatment constitutes the standard of medical care for
 18 HCV. Gish Decl., ¶ 8. This clinical guidance urges DAA treatment for all patients with HCV
 19 regardless of fibrosis score, with the minor exception of patients with short, irremediable life
 20 expectancies. *Id.* This position arises, in part, from multiple recent empirical studies that
 21 demonstrate greater mortality benefits and treatment success if such treatment is initiated at
 22

23 ⁴ WHCA likely does not offer this older, less effective treatment as an alternative to Harvoni and other DAAs to
 24 B.E., A.R. or others because it is significantly less effective than DAAs. In fact, any doctor prescribing this older
 25 therapy would be committing medical malpractice. Gish Decl., ¶ 15 (“In fact, the alternative treatments are so fraught
 26 with side effects that treatment with them would be so far below the current standard of care as to constitute medical
 malpractice.”).

⁵ SVR means that HCV is undetectable in the subject’s blood. An individual achieving SVR is considered to be
 effectively cured if it persists for six months or longer.

1 fibrosis stages prior to F3. Gish Decl., ¶ 8 (citing, *inter alia*, Jezequel, *et al.*, “Survival of patients
 2 infected by chronic hepatitis C and F0F1 fibrosis at baseline after a 15 year follow-up,” 50th
 3 Annual Meeting of the European Association for the Study of the Liver (April 22-26, 2015);
 4 Zahnd, *et al.*, “Impact of deferring HCV treatment on liver-related events in HIV+ patients,”
 5 Conference on Retroviruses and Opportunistic Infections (Feb. 23-26, 2015); McCombs, *et al.*,
 6 “Can Hepatitis C treatment be safely delayed? Evidence from the Veterans Administration
 7 Healthcare System,” 50th Annual Meeting of the European Association for the Study of the Liver
 8 (Apr. 22-26, 2015)). One such study demonstrated that waiting to treat HCV until more severe
 9 liver damage has occurred resulted in twice to five times higher rates of liver-related mortality,
 10 respectively, compared with treating at fibrosis score F2.⁶ Once a person reaches a fibrosis score
 11 of F3 or F4 his or her chance of getting liver cancer is so significant to warrant *twice yearly*
 12 surveillance for liver cancer, even after having been cured with a DAA. *Id.*, ¶ 17.⁷

13 The benefits of treatment at low fibrosis stages are well documented in the medical
 14 literature. *Id.* Delay not only causes irreversible liver damage, it also damages other organs. *Id.*
 15 It is a systemic disease that can cause heart attacks, fatigue, diabetes, nerve damage, insulin
 16 resistance, joint pain, depression, sore muscles, arthritis, and, at times, premature death. *Id.*
 17 “Because of the many benefits associated with successful HCV treatment, clinicians should treat
 18 HCV-infected patients with antiviral therapy with the goal of achieving an SVR, preferably early
 19 in the course of their chronic HCV infection before the development of severe liver disease and
 20 other complications.” Gish Decl., ¶ 17, quoting AASLD-IDS A Guidelines at 30. These benefits
 21 include improving or preventing extrahepatic complications, including diabetes mellitus,
 22
 23

24
 25 ⁶ Gish Decl., ¶ 8 (citing Zahnd, *et al.*).

26 ⁷ The AASLD issued a statement on November 16, 2015 condemning the actions of insurers engaged in the practice of delaying DAA therapy. The AASLD maintained that such harmful policies lack any medical justification, risking greater harm to infected individuals and higher rates of transmission to others. Gish Decl., ¶¶ 9-10, *Exh. C*.

1 cardiovascular disease, renal disease, and B-cell non-Hodgkin lymphoma, which are not tied to
 2 fibrosis stage. Gish Decl., ¶ 17.

3 **D. WHCA Excludes Coverage of DAAs for Many Medicaid Recipients with HCV.**

4 Washington's Medicaid program is administered by the WHCA. WHCA is responsible
 5 for coverage of prescription drugs through its Medicaid program. WAC 182-530-1000. As a
 6 general matter, WHCA covers outpatient drugs in its Medicaid program when: (1) the drug is
 7 approved by the FDA and prescribed for a medically accepted indication; (2) the drug is not
 8 excluded from coverage under WAC 182-530-2100; (3) the manufacturer has a signed drug rebate
 9 agreement with the federal Department of Health and Human Services; and (4) the drug is
 10 prescribed by a provider with prescriptive authority. WAC 182-530-2000(1). All of those
 11 coverage requirements exist for the treatment at issue in this case.

12 On February 25, 2015, the WHCA implemented a Hepatitis C Treatment Policy ("WHCA
 13 Policy") that provides very limited coverage for DAA treatment for individuals infected with
 14 HCV. *See* Dkt. No. 1-1. Under the WHCA Policy, DAA coverage is categorically excluded for
 15 all monoinfected patients – patients without another diagnosis, such as HIV – who have a fibrosis
 16 score of F0 through F2. Only patients with advanced liver disease (rising to an F3 or F4 fibrosis
 17 score), or certain patients with F2 scores who are co-infected with HIV or certain other severe
 18 health conditions, are permitted to receive curative treatment. Stated simply, WHCA will not pay
 19 for Medicaid patients to be cured of Hepatitis C until the disease has already caused profound
 20 damage to the liver.

21 The WHCA Policy is grossly out of line with the standard of care for treatment of HCV.
 22 As discussed above, the AASLD-ISA recommends treatment with DAAs for virtually all
 23 persons diagnosed with HCV. Ironically, WHCA relies upon and repeatedly references the
 24 AASLD-ISA Guidelines in its own HCV policy. *See* Dkt. No. 1-1, p. 6, n.1. But it does not
 25 follow them. In short, there is no dispute that the AASLD-ISA Guidelines – guidelines which
 26 mandate coverage for nearly all persons infected with HCV – constitute the standard of care in

1 Washington as well as nationally. Those guidelines unambiguously instruct that all HCV patients,
 2 expect those with limited lifespans that cannot be saved by a DAA, should be immediately treated
 3 with a DAA.

4 **E. WHCA Excludes Coverage of DAAs to Treat HCV for Many Medicaid**
 5 **Recipients Because of its Cost.**

6 The sole reason for WHCA's exclusionary policy is fiscal, not clinical. DAA treatments
 7 like Harvoni are costly.⁸ WHCA created its restrictive policy because it feared that providing
 8 medically necessary prescription drug coverage to treat all HCV-infected individuals would be
 9 cost-prohibitive. Hamburger Decl., *Exh. A*, p. 2.⁹ WHCA's Chief Pharmacy Officer Donna L.
 10 Sullivan, M.S., Pharm.D., admitted that fiscal concerns were the only justification for its
 11 restrictive coverage criteria, at a public meeting of WHCA's Drug Utilization Review committee
 12 meeting:

13 *"I can guarantee you that all of us agree that everyone should be*
 14 *treated* whether they are at stage 2, stage 3, stage 4. However, we
 15 have received funding only based on the criteria that we gave for
 16 F3.... *It's out of our hands. None of us would argue that we*
 17 *should not expand it*, that it's not the right thing to do, but we live
 18 in a *political* environment as a state that *I have to operate within*
 19 *the resources and rules around those resources that have been*
 20 *given to us.*

21 Hamburger Decl., *Exh. B*, p. 64 (emphasis added).¹⁰

22 ⁸ Most of the costs are paid by the federal government, however. In WHCA's recent budget request, it anticipated
 23 that the federal government would pay as much as **75% of the cost of HCV treatment for Medicaid recipients**.
 24 Hamburger Decl., *Exh. A*, pp. 1, 2, 5 (request for \$77.7 million, of which \$20 million would come from the general
 25 fund).

26 ⁹ http://www.hca.wa.gov/Documents/budget/2016_PL-P2_Hepatitis_C_Treatment_Expansion.pdf

¹⁰ WHCA's fiscal concerns are not borne out by WHCA's own data. WHCA's exclusionary policy is so overly
 restrictive that the Medicaid agency **underspent** the funds allocated by the Legislative for coverage of DAA
 medications to treat HCV. Hamburger Decl., *Exh. C* (Budget Adjustment). Those funds, totaling \$44 million dollars,
 could have treated **2,400 additional Medicaid patients**. Instead, thousands of Medicaid patients with HCV were
 denied coverage. *See* Hamburger Decl., *Exh. D* (chart on denials).

WHCA's policy will cost Washington State more in the long run. Studies have concluded that DAAs, although expensive in the near term, are cost-effective overall when provided to patients with lower fibrosis scores. Gish Decl., ¶ 18. This is because early DAA treatment greatly reduces the cost of treating associated manifestations of HCV, including advanced liver disease and cancer, as well as the public health risk of spreading the disease. *Id.*, ¶¶ 18-19.

F. Plaintiffs Need DAA Prescription Medications to Treat Their Hepatitis C Virus.

Both plaintiffs are enrolled in Washington's Medicaid program, monoinfected with HCV, and have a fibrosis scores of less than F3. Dkt. No. 7, ¶¶ 1-3; Dkt. No. 8, ¶¶ 1-3; Dkt. No. 16, ¶¶ 1-2. The treating medical providers of both B.E. and A.R. prescribed treatment to cure their HCV infections. *Id.* Both plaintiffs' requests were denied because WHCA determined that they did not have "cirrhosis or clinically significant liver fibrosis." Dkt. No. 7, ¶¶ 1-3; Dkt. No. 8, ¶¶ 1-3.

Plaintiff A.R. appealed WHCA's denial to an administrative hearing, which resulted in an initial decision upholding the denial. *Id.*, ¶ 4. A.R. appealed the initial decision to the WHCA Board of Appeals, which issued an Order Remanding Case for a *second* administrative hearing, *Id.*, ¶ 5. A.R. remains untreated for his HCV infection nearly a year after his medical provider first requested coverage of Harvoni. Dkt. No. 8, ¶¶ 3-5. B.E.'s provider requested a DAA for her on December 3, 2015, which WHCA denied, leaving her untreated for her HCV infection. Dkt. No. 7, ¶ 3.

III. ARGUMENT

A. Legal Standard for Preliminary Injunction

"A Plaintiff seeking a preliminary injunction must establish that he is [1] likely to succeed on the merits, [2] that he is likely to suffer irreparable harm in the absence of preliminary relief, [3] that the balance of equities tips in his favor, and [4] that an injunction is in the public interest." *Am. Trucking Ass'ns v. City of Los Angeles*, 559 F.3d 1046, 1052 (9th Cir. 2009) (quoting *Winter v. Natural Res. Def. Council Inc.*, 129 U.S. 365, 374 (2008)). Where a plaintiff makes a strong

1 showing of irreparable harm and that the injunction is in the public interest, it need not make as
 2 great a showing with respect to likelihood of success on the merits. *See Alliance for Wild Rockies*
 3 *v. Cottrell*, 632 F.3d 1127, 1134-1135 (9th Cir. 2011). If the Court’s injunction is “mandatory”
 4 rather than “prohibitory,” then the plaintiffs must meet the additional burden of showing that the
 5 law and facts clearly favor the plaintiffs. *Anderson v. United States*, 612 F.2d 1112, 1114 (9th
 6 Cir. 1979) (quoting *Martinez v. Mathews*, 544 F.2d 1233, 1243 (5th Cir.1976)); *see, e.g., A.H.R.*
 7 *v. Wash. State Health Care Auth.*, 2016 U.S. Dist. LEXIS 2587, at *38, 62-63 (W.D. Wash. Jan.
 8 7, 2016) (issuing a mandatory injunction against WHCA on behalf of Medicaid recipients who
 9 need access to in-home skilled nursing care).

10 On behalf of the proposed class, plaintiffs request that the Court enjoin WHCA from
 11 continuing to apply its February 25, 2015 HCV treatment policy, including its exclusion of all
 12 treatment based upon fibrosis score, and to require WHCA to return to providing coverage for
 13 prescription medications to treat HCV without regard to fibrosis score, consistent with existing
 14 state and federal Medicaid requirements.

15 **B. Plaintiffs Are Likely to Succeed on the Merits.**

16 Plaintiffs’ Complaint invokes three distinct provisions of Title XIX of the Social Security
 17 Act (“Medicaid Act”): 42 U.S.C. § 1396a(a)(10)(A); 42 U.S.C. § 1396a(a)(10)(B) (as codified at
 18 42 C.F.R. § 440.240); and 42 U.S.C. § 1396a(a)(8); Dkt. No. 1, ¶¶ 37-42. The first provision
 19 requires the defendant to make “medical assistance” available, including medically necessary
 20 prescription drugs, to eligible Medicaid enrollees, such as plaintiffs and the putative class. *See*
 21 *Watson v. Weeks*, 436 F.3d 1152, 1159 (9th Cir. 2006). This section thus “prohibits states from
 22 denying coverage of ‘medically necessary’ services that fall under a category covered in their
 23 Medicaid plans.” *Alvarez v. Betlach*, 572 F. App’x 519, 521 (9th Cir. 2014) (citing, *inter alia*,
 24 *Beal v. Doe*, 432 U.S. 438, 444 (1977)). The second statutory provision creates the obligation of
 25 “Medicaid comparability,” which “mandates comparable services for individuals with
 26 comparable needs and is violated when some recipients are treated differently than others where

1 each has the same level of need.” *Dunakin v. Quigley*, 99 F. Supp. 3d 1297, 1321 (W.D. Wash.
 2 2015). The third section compels the defendant to furnish medical assistance “with reasonable
 3 promptness to all eligible individuals.” *Id.*, 99 F. Supp. 3d at 1320.

4 Although the Court need only find that plaintiffs are likely to succeed on one of these
 5 claims in order to enjoin the defendant, plaintiffs are likely to succeed on all three.

6 **1. First Claim: The Medicaid Act Requires Coverage of Medically**
 7 **Necessary HCV Prescription Drug Treatment.**

8 Medicaid is a cooperative federal and state program under which the State of Washington
 9 chooses to accept federal funds to support the provision of medical care to low-income individuals
 10 like B.E. and A.R. 42 U.S.C. § 1396; *S.A.H. ex rel. S.J.H. v. Dep’t of Soc. & Health Servs.*, 136
 11 Wn. App. 342, 348, 149 P.3d 410 (2006). While participation in the Medicaid program is
 12 voluntary, once a state has chosen to participate, it must comply with all Medicaid statutes and
 13 regulations. *Id.* The single state agency responsible for the implementation of Medicaid, the
 14 WHCA, may authorize rules and policies consistent with the requirements of the federal Medicaid
 15 statute and regulations. *Id.*; see RCW 74.04.055; 74.08.090.

16 The Medicaid Act requires participating states to make medical assistance available to
 17 qualified individuals for certain mandatory services under 42 U.S.C. § 1396a(a)(10)(A) as well
 18 as offering a set of services that states may opt into, including prescription drug coverage. 42
 19 U.S.C. § 1396d(a)(12). Washington, like all other states, has opted to provide prescription drug
 20 coverage in its Medicaid program. *Hamburger Decl., Exh. E* (state Medicaid Plan); *Exh. F* (CMS
 21 guidance), p. 1.

22 Having opted to provide coverage for prescription drugs, Washington’s Medicaid program
 23 must adhere to the Medicaid Act’s specific strictures regarding prescription drugs. *See* 42 U.S.C.
 24 § 1396a(a)(54). Among these requirements is coverage for any outpatient drug prescribed by a
 25 provider for an indicated purpose approved by the FDA, and for which the drug manufacturer has
 26 entered into a rebate agreement. *Pharm. Research & Mfrs. of Am. v. Walsh*, 538 U.S. 644, 652

(2003); 42 U.S.C. §§ 1396r-8(a)(1), 1396r-8(d), 1396r-8(k). There is no dispute that DAA drugs are approved for treatment of HCV by the FDA or that the manufacturers of these medications have entered into the required rebate program. Without such requirements, WHCA could not cover DAAs at all.

The sole pretext for denying DAA treatment to plaintiffs and the putative class arises from the concept of medical necessity. Medical necessity is the “touchstone” of the Medicaid Act. *Allen v. Mansour*, 681 F. Supp. 1232, 1237 (E.D. Mich. 1986), citing *Pinneke v. Preisser*, 623 F.2d 546, 548 n. 2 (8th Cir. 1980). States are prohibited from “denying coverage of medically necessary services that fall under a category covered in their Medicaid plans.” *Alvarez*, 572 F. App’x at 521 (citing 42 U.S.C. § 1396a(a)(17) and 42 C.F.R. § 440.230(d)). In Washington, “medical necessity” was established pursuant to a consent decree in *Mead v. Burdman*.¹¹ *Hamburger Decl.*, *Exh. G*, Consent Order, pp. 2-3. That definition was imported into the Washington Administrative Code at 182-500-0070. Medical necessity means:

[A] term for describing requested service which is reasonably calculated to prevent, diagnose, correct, cure, alleviate or prevent worsening of conditions in the client that endanger life, or cause suffering or pain, or result in an illness or infirmity, or threaten to cause or aggravate a handicap, or cause physical deformity or malfunction.

WAC 182-500-0070. For the purpose of that rule, WHCA defines “course of treatment” to include “mere observation” or “no medical treatment at all.” *Id.*

WHCA has established the procedure for determining “medical necessity” of prior authorized treatment, including prescription medications, in WAC 182-501-0165. That rule requires WHCA to first determine the quality of the clinical evidence to support the use of the treatment. If the level of evidence is rated “A” or “B,” then WHCA is required to cover the

¹¹ That litigation and subsequent contempt actions arose out of the State’s prior efforts to inject fiscal concerns into the medical necessity determinations under the Medicaid program. *Hamburger Decl.*, *Exh. H*, p. 2.

1 medication ***unless*** the agency identifies an “equally effective alternative treatment” that does not
 2 place the enrollee “at greater risk of mortality or morbidity” ***and*** the alternative treatment is not
 3 more costly. WAC 182-501-0165(6)(c)(i)(A), (B) . Both conditions must be met in order for
 4 WHCA to deny access to a covered medication with an “A” or “B” level of evidence of
 5 effectiveness. *Id.*

6 It is undisputed that DAAs like Harvoni are rated at an “A” or “B” level of evidence. Gish
 7 Decl., ¶ 14 (the AASLD-IDSA rates the evidence at level “A”); WHCA concedes that there is no
 8 equally effective alternative medication to treat HCV. Dkt. No. 16, ¶¶ 1-2. The only “treatment”
 9 WHCA offers as an alternative is “observation,” or in other words, no medical treatment at all.
 10 WHCA’s blanket exclusion of DAAs for monoinfected Medicaid recipients with an F0-F2 fibrosis
 11 score is only permissible under state and federal Medicaid law if WHCA can show that “mere
 12 observation” (1) is an equally effective alternative treatment to curative treatment with a DAA,
 13 and (2) does not place Medicaid enrollees with HCV at greater risk of mortality or morbidity.
 14 WHCA cannot show that either prong is met.

15 ***First***, it should go without saying that a cure for a life-threatening disease is more effective
 16 than mere observation. Observation alone will never cure plaintiffs or putative class members of
 17 their chronic HCV. In fact, it may kill them. Gish Decl., ¶¶ 10, 17. From a public health
 18 perspective, mere observation leaves them infected with a highly communicable, often deadly
 19 disease, at risk of infecting others. Gish Decl., ¶¶ 4, 19. Observation is not an “equally effective”
 20 alternative to a likely cure of HCV.

21 ***Second***, even if observation includes an implied promise of future coverage, the
 22 availability of coverage once a recipient’s liver is damaged is not a form of “equally effective
 23 alternative treatment.” As Dr. Gish explains, waiting until a Medicaid enrollee’s liver is damaged
 24 before providing treatment is harmful to his/her health and significantly increases the risk of both
 25 morbidity and mortality:
 26

- 1 • Delaying treatment *decreases* the long-term survival rate for HCV
2 patients. Gish Decl., ¶ 8 (citing to the AASLD-IDSA guidance,
3 which in turn cites to multiple studies). “[W]aiting to treat HCV
4 *infection at Metavir fibrosis stages F3 and F4 resulted in a 2- and*
5 *5- times higher rates of liver-related mortality*, respectively,
6 compared with treating at Metavir stage F2.” *Id.* (emphasis added)
- 7 • Delay significantly increases the risk of cancer. “Once a person
8 reaches a fibrosis score of F3 or F4 his or her chance of getting liver
9 cancer is so significant that it is recommended that, even after having
10 been cured with a DAA, the individual undergo twice yearly liver
11 surveillance for liver cancer.” *Id.*, ¶ 17 (emphasis in original).
- 12 • Waiting increases the risk of extra-hepatic symptoms and conditions.
13 Medicaid enrollees who do not receive immediate treatment are
14 “needlessly exposed to health conditions caused by HCV, including
15 cirrhosis, cancer, heart attacks, fatigue, joint pain, depression, sore
16 muscles, arthritis, death and unneeded liver transplants and
17 jaundice.” *Id.*, ¶ 10.
- 18 • Dr. Gish concludes that observation without treatment falls so far
19 below the standard of medical care as to be unethical and could be
20 deemed malpractice. *Id.*, ¶16. The AASLD-IDSA has concluded
21 that there is “no medical evidence to justify that position [waiting to
22 treat HCV patients] and much to justify treating all patients. *Id.*,
23 *Exh. C*.
- 24 • Delaying treatment risks spreading this communicable disease to
25 others, including family members. *Id.*, ¶ 17. In other words, delay
26 prevents or significantly slows the eventual eradication of this deadly
disease.

Early treatment of HCV is the standard of care in Washington State. More than fifteen leading local liver specialists, physicians and Chief Medical Officers of some of Washington’s major health care systems all agree: restrictions on anti-viral treatment for HCV must be removed. Gish Decl., *Exh. E*. The Washington physicians argued that such restrictions “frustrate the medical judgment of practicing physicians [who are] treating patients” *Id.*, p. 2. They concluded that “[t]here is no medical basis for the ... coverage restrictions.” *Id.* Indeed, since

1 the local physicians issued this letter, every major insurer in the State of Washington now covers
2 DAA medications without fibrosis scoring.¹² Hamburger Decl., ¶ 11.

3 **Third**, WHCA presumably prefers observation to curative treatment because it is less
4 costly, even though it is not “equally effective.” Cost concerns cannot usurp WHCA’s obligations
5 under the Medicaid Act to pay for “medically necessary” covered services. *Alvarez v. Betlach*,
6 2012 U.S. Dist. LEXIS 190191, at *20 (D. Ariz. May 21, 2012) (“States must provide medically
7 necessary home health services to individuals entitled to those services ... irrespective of cost.”),
8 affirmed in relevant part in *Alvarez v. Betlach*, 572 F. App’x 519, 521 (9th Cir. 2014). *Beal v.*
9 *Doe*, 432 U.S. 438, 444-45, 97 S. Ct. 2366 (1977) (“serious statutory questions might be presented
10 if a state Medicaid plan excluded necessary medical treatment from its coverage”). *See also*
11 *Weaver v. Reagen*, 886 F.2d 194, 197-98 (8th Cir. 1989) (a state Medicaid plan must provide
12 treatment that is “medically necessary” in order to comport with the objectives of the Medicaid
13 Act). While the Court may take the State’s potential budgetary concerns into consideration, these
14 concerns cannot be the sole basis for restricting medically necessary coverage. “[A] state may
15 not ignore the Act’s requirements in order to suit state budgetary needs.” *Parents League for*
16 *Effective Autism Servs. v. Jones-Kelley*, 565 F. Supp. 2d 905, 911 (S.D. Ohio 2008); *see also*
17 *Orthopaedic Hosp. v. Belshe*, 103 F.3d 1491, 1499, n. 3 (9th Cir. 1997); *Beno v. Shalala*, 30 F.3d
18 1057, 1069, n. 30 (9th Cir. 1994); *Arkansas Medical Soc., Inc. v. Reynolds*, 6 F.3d 519, 531 (8th
19 Cir. 1993) (*citing cases*). Without any clinical justification, WHCA’s rationing is impermissible.

20 **Fourth**, the Centers for Medicare and Medicaid Services (“CMS”), the federal agency
21 responsible for administering Medicaid has rejected Washington’s exclusionary policy. On
22 November 5, 2015, CMS issued a Medicaid Drug Rebate Program Notice entitled “Assuring
23 Medicaid Beneficiaries Access to Hepatitis C (HCV) Drugs,” which “addresses utilization of the
24

25 ¹² In early February, Regence, BridgeSpan and Group Health still used the same exclusionary criteria that HCA
26 is using. Just three weeks after similar litigation was filed, all three repealed the exclusions, allowing coverage of
HCV medications regardless of fibrosis score. Hamburger Decl., ¶ 11.

1 [DAA] drugs approved by the [FDA] for the treatment of chronic HCV infected patients.” *See*
 2 *Hamburger Decl., Exh. F* (“Guidance”). The Guidance is direct and express:

3 CMS is concerned that some states are restricting access to DAA
 4 HCV drugs contrary to the statutory requirements in [42 U.S.C.
 5 § 1396r-8(d)] by imposing conditions for coverage that may
 6 unreasonably restrict access to these drugs. For example, *several*
 7 *state Medicaid programs are limiting treatment to those*
 8 *beneficiaries whose extent of liver damage has progressed to*
 9 *fibrosis score F3....*

10 [T]he effect of such limitations should not result in the denial of
 11 access to effective, clinically appropriate, and medically necessary
 12 treatments using DAA drugs for beneficiaries with chronic HCV
 13 infections. States should, therefore, examine their drug benefits to
 14 ensure that limitations do not unreasonably restrict coverage of
 15 effective treatment using the new DAA HCV drugs.

16 *Id.*, pp. 2-3 (emphasis added). CMS’s interpretation of the requirements of the Medicaid Act is
 17 entitled to deference based upon “the agency’s expertise, the statute’s complexity and technical
 18 nature, and the broad authority delegated to the Secretary of Health and Human Services under
 19 the Act.” *Katie A. v. L.A. Cnty.*, 481 F.3d 1150, 1155, n. 11 (9th Cir. 2007). Despite the CMS
 20 directive, WHCA has refused to rescind its rationing policy.

21 In sum, WHCA’s blanket exclusion of all coverage of DAAs for monoinfected Medicaid
 22 recipients with HCV when their fibrosis score is F0 to F2 violates the Medicaid Act. Plaintiffs
 23 and the putative class are entitled to coverage for covered Medicaid services when those services
 24 are medically necessary. Treatment of HCV with DAAs is medically necessary, and there is no
 25 equally effective, less costly alternative treatment. WHCA’s proposed alternative – observation
 26 without treatment – significantly increases the risk of mortality or morbidity of Medicaid
 recipients and does not provide a cure. Plaintiffs and the putative class are likely to succeed on
 their first claim.

1 **2. Second Claim: HCA’s Coverage Policy Fails to Ensure Reasonably Prompt Care.**

2 Under Washington’s Medicaid program, if the treatment is covered and medically
3 necessary, it must also be furnished with “reasonable promptness to all eligible individuals.”
4 *Dunakin v. Quigley*, 99 F. Supp. 3d 1297, 1320 (W.D. Wash. 2015), *quoting* 42 U.S.C.
5 § 1396a(a)(8). Courts have interpreted this provision to require payment or provision of services
6 without unreasonable delay, typically not to exceed ninety days. *Doe 1-13 By & Through Doe,*
7 *Sr. 1-13 v. Chiles*, 136 F.3d 709, 721-22 (11th Cir. 1998); *Boulet v. Cellucci*, 107 F. Supp. 2d 61,
8 82 (D. Mass. 2000).

9 Lengthy wait times for medically necessary treatment have been rejected by courts as
10 violating the Medicaid Act’s “reasonable promptness” requirement. For example, in *Allen v.*
11 *Mansour*, the court found a two-year abstinence waiting period for a liver transplant was
12 unreasonable because the waiting period was not imposed based upon any clinical evidence. *See*
13 *Allen*, 681 F. Supp. at 1238. Instead, the waiting period impermissibly excluded a large group of
14 Medicaid recipients from ever getting the liver transplant they need to survive. *Id.* Similarly here,
15 WHCA’s policy imposes an unreasonable delay on the provision of medically necessary
16 treatment, in violation of the Medicaid Act. The policy places plaintiffs and class members into
17 a period of indefinite limbo, during which they are left to suffer through the extrahepatic effects
18 of their disease. It is not grounded in clinical recommendations or expertise. The policy leaves
19 plaintiffs and the putative class waiting for medically necessary covered prescription medications
20 well beyond 90 days, and quite possibly for years. Plaintiffs are likely to succeed on the merits
21 of their “reasonable promptness” claim.

22 **3. Third Claim: HCA’s Coverage Policy Violates Medicaid’s Comparability Requirement.**

23 The Medicaid Act’s “comparability” requirement provides that Medicaid coverage made
24 available to an individual “shall not be less in amount, duration, or scope than the medical
25 assistance made available to any other such individual” *Jenkins v. Washington State Dep’t of*
26

1 *Soc. & Health Servs.*, 160 Wn.2d 287, 296, 157 P.3d 388 (2007), *quoting* 42 U.S.C.
 2 § 1396a(a)(10)(B)(i) and *citing* 42 C.F.R. § 440.240; *Samantha A. v. Dep’t of Soc. & Health*
 3 *Servs.*, 171 Wn.2d 623, 631, 256 P.3d 1138 (2011). Stated plainly, comparable Medicaid
 4 enrollees must be treated comparably. The WHCA Policy runs afoul of this requirement by
 5 excluding certain Medicaid enrollees with HCV from medically necessary DAA treatment, while
 6 providing the same treatment to other Medicaid enrollees with HCV.

7 In both *Jenkins* and *Samantha A.*, the Washington Supreme Court struck down the State
 8 Medicaid agency’s use of categorical presumptions that excluded or limited Medicaid enrollees
 9 from coverage for Medicaid services without regard to their actual, individualized medical need
 10 for such service. *Jenkins*, 160 Wn.2d at 300; *Samantha A.*, 171 Wn.2d at 631. The Supreme
 11 Court concluded that Washington’s Medicaid agency must make individualized determinations
 12 of medical necessity, rather than relying on across-the-board limitations and exclusions. *Id.*
 13 Similarly here, plaintiffs and the putative class are likely to succeed in striking down the WHCA
 14 Policy that categorically excludes all monoinfected enrollees with a fibrosis score of less than F3
 15 from DAA treatment without any determination of whether their individualized medical needs
 16 warrant earlier treatment. Plaintiffs are likely to prevail on the merits of their comparability claim.

17 **C. Absent Immediate Relief, Plaintiffs Will Suffer Irreparable Harm.**

18 The loss of necessary Medicaid services constitutes *per se* irreparable harm. *Rodde v.*
 19 *Bonta*, 357 F.3d 988, 999 (9th Cir. 2004); *Beltran v. Myers*, 677 F.2d 1317, 1322 (9th Cir. 1982).
 20 “[D]elay or denial of Medicaid benefits can amount to irreparable harm.” *Markva v. Haveman*,
 21 168 F. Supp. 2d 695, 719 (E.D. Mich. 2001) (recognizing the principle that the “risk of further
 22 injury to health warrants injunctive relief”); *see also Daniels v. Wadley*, 926 F. Supp. 1305, 1313
 23 (M.D. Tenn. 1996), *vacated in part on other grounds sub nom Daniels v. Menke*, 145 F.3d 1330
 24 (6th Cir. 1998) (injunction granted to prevent Medicaid recipients from suffering physical harm
 25 due to delayed medical care); *Kai v. Ross*, 336 F.3d 650, 656 (8th Cir. 2003) (danger to plaintiff’s
 26 health presents a “strong argument of irreparable injury”); *Caldwell v. Blum*, 621 F.2d 491, 498

(2d Cir. 1980) (holding that Medicaid applicants established harm where they would “absent relief, be exposed to the hardship of being denied essential medical benefits”); *McMillan v. McCrimon*, 807 F. Supp. 475, 479 (C.D. Ill. 1992) (holding that “[t]he nature of their claim – a claim against the state for medical services – makes it impossible to say that any remedy at law could compensate them”). Reduction of necessary medical benefits directly impacts an individual’s health, creating “(1) substantial risk to plaintiffs’ health; (2) severe financial hardship; (3) the inability to purchase life’s necessities; and (4) anxiety associated with uncertainty.” *LaForest v. Former Clean Air Holding Co., Inc.*, 376 F.3d 48, 55 (2d Cir. 2004) (affirming the issuance of a preliminary injunction regarding medical benefits).

It is undisputed that plaintiffs and all of the proposed class members are blocked from obtaining an individualized review of their need for HCV treatment due to WHCA’s blanket exclusion of HCV treatment. All have suffered a loss of coverage for services that they are all likely to need. If the exclusionary policy is lifted, each class member will be entitled to an individualized review of their need for HCV treatment.

The loss of medically necessary Medicaid coverage alone is irreparable harm. Here, however, plaintiffs and the class show that if they continue to be excluded from medically necessary treatment, they are at imminent risk of deteriorating health, liver damage and even death:

Delaying treatment by observation has a variety of adverse effects including increasing the risk of death, causing irreversible liver damage, and needlessly prolonging suffering associated with the disease. From a public health perspective, observation without treatment risks spreading the disease to others, including family members. ***There is simply no medical justification for observation and delaying treatment to an individual who otherwise meets the AASLD and IDSA Guidelines.*** On the contrary, it is critical that patients with chronic HCV be treated before the liver has been damaged by the virus. ***Delaying treatment and observing an individual while that individual’s liver degrades to a fibrosis score of F3 or F4 significantly increases the risk of death from cancer***

or liver failure. It also significantly increases the chance that the individual will require a liver transplant.

Gish Decl., ¶ 17 (emphasis added). The deterioration described in Dr. Gish’s declaration and in the studies cited is not purely theoretical. Putative class members are already suffering from WHCA’s exclusionary policy. For example, Northwest Justice Project attorney Elizabeth Landry recounts one client, L.B., whom she represented in an administrative hearing to try to obtain HCV treatment. Landry Decl., ¶¶ 2-8. His treating provider recommended treatment with Harvoni in May 2015. *Id.* His treatment was denied by WHCA because his fibrosis score was too low. *Id.* While his Medicaid administrative appeal was pending, his kidneys deteriorated so significantly that his provider could no longer recommend him for treatment with Harvoni. *Id.*, ¶ 7. It is unclear whether his health will ever improve sufficiently to be eligible again for treatment for HCV. *Id.* Thus, for some class members, continued delay could mean that the window of opportunity for a cure closes, perhaps forever.

D. The Balance of Hardships Tips Sharply in the Plaintiffs’ Favor.

The medical needs of plaintiffs and the class heavily outweigh state budget constraints. As the Ninth Circuit recently stated in *M.R. v. Dreyfus*, “[w]e have several times held that the balance of hardships favors beneficiaries of public assistance who may be forced to do without needed medical services over a state concerned with conserving scarce resources.” 697 F.3d 706, 737-38 (9th Cir. 2012). Further, the potential costs to the state do not outweigh the harm resulting from prohibiting recipients from accessing those needed benefits.

Plaintiffs do not attempt to match in dollars and cents the monetary harms that will allegedly be suffered by the government. Yet the physical and emotional suffering shown by plaintiffs in the record before us is far more compelling than the possibility of some administrative inconvenience or monetary loss to the government.

Lopez v. Heckler, 713 F.2d 1432, 1437 (9th Cir. 1983). Where the government’s actions cause a loss of life’s necessities, further illness, or other deprivation to the plaintiffs, the balancing of the hardships tips “decidedly” in their favor. *Id.* When an injunction requires defendant to comply

1 with existing law, as does the injunction sought by plaintiffs here, the injunction imposes no
 2 burden but “merely seeks to prevent the defendants from shirking their responsibilities under it.”
 3 *Haskins v. Stanton*, 794 F.2d 1273, 1277 (7th Cir. 1986). The balancing of hardships strongly
 4 favors the plaintiffs.

5 **E. The Injunction Will Advance the Public Interest.**

6 “[T]here is a robust public interest in safeguarding access to health care for those eligible
 7 for Medicaid, whom Congress has recognized as the most needy in the country.” *M.R.*, 697 F.3d
 8 at 738, citing *Indep. Living Ctr. of S. California, Inc. v. Maxwell-Jolly*, 572 F.3d 644, 659 (9th
 9 Cir. 2009), vacated and remanded on other grounds by *Douglas v. Indep. Living Ctr. of S.*
 10 *California, Inc.*, 132 S. Ct. 1204, 182 L. Ed. 2d 101 (2012). Moreover, there is no public interest
 11 in permitting defendant to continue to violate the Medicaid Act. *Nat’l Wildlife Fed. v. Nat’l*
 12 *Marine Fisheries Serv.*, 235 F. Supp. 2d 1143, 1162 (W.D. Wash. 2002) (“[E]nsuring that
 13 government agencies comply with the law is a public interest of the highest order”). The public
 14 interest is particularly acute when dealing with a communicable disease. *Gish Decl.*, ¶ 19
 15 (“Delaying treatment undermines this important public health goal [of disease eradication].”).
 16 Issuing an injunction to prevent WHCA from applying its exclusionary policy will advance the
 17 public interest.

18 **IV. THE COURT SHOULD NOT REQUIRE A BOND.**

19 Federal courts routinely exercise their discretion under FRCP 65(c) to waive the bond
 20 requirements in suits to enforce important federal rights or public interests. *Barahona-Gomez v.*
 21 *Reno*, 167 F.3d 1228, 1237 (9th Cir. 1999). This is so particularly where, as here, the plaintiffs
 22 and the proposed class are recipients of public assistance. *See id.* at 1237. Moreover, important
 23 federal rights are at stake in this litigation. *See, e.g., Temple Univ. v. White*, 941 F.2d 201, 220
 24 n. 27 (3d Cir. 1991) (“Public policy under [federal law governing state modification of Medicaid
 25 programs] mandates that parties in fact adversely affected by improper administration of program
 26 pursuant thereto be strongly encouraged to correct such errors.” Given the high likelihood of

1 success on the merits, plaintiffs' status as public assistance recipients, and the fact that the
2 injunction seeks merely to require defendant to comply with state and federal Medicaid
3 requirements, no bond should be required.

4 **V. CONCLUSION**

5 The Court should order defendant to cease applying the WHCA policy and all denials of
6 coverage for DAA treatment based upon fibrosis score, for the duration of this litigation.

7 DATED: March 18, 2016.

8 SIRIANNI YOUTZ
9 SPOONEMORE HAMBURGER

10 /s/ Richard E. Spoonemore
11 Richard E. Spoonemore (WSBA #21833)
Eleanor Hamburger (WSBA #26478)

12 COLUMBIA LEGAL SERVICES

13 /s/ Amy L. Crewdson
14 Amy L. Crewdson (WSBA #9468)
15 711 Capitol Way South, #304
16 Olympia, WA 98501
Telephone: (360) 943-6585, Ext. 214

17 HARVARD LAW SCHOOL CENTER FOR
18 HEALTH LAW & POLICY INNOVATION

19 /s/ Kevin Costello
20 Kevin Costello (admitted *pro hac vice*)
21 122 Boylston Street
Jamaica Plain, MA 02130
Telephone: 617-390-2578

22 Attorneys for Plaintiffs
23
24
25
26

CERTIFICATE OF SERVICE

I hereby certify that on March 18, 2016, I caused the foregoing to be electronically filed with the Clerk of the Court using the CM/ECF system, which will send notification of such filing to the following:

- **Angela D. Coats McCarthy**
AngelaC3@atg.wa.gov, ChristineH1@atg.wa.gov, VivianB@atg.wa.gov,
NicoleB3@atg.wa.gov
- **Kevin Costello**
kcostello@law.harvard.edu, dilseysays@hotmail.com
- **Amy Louise Crewdson**
amy.crewdson@columbialegal.org, fanny.cordero@columbialegal.org
- **Eleanor Hamburger**
ehamburger@sylaw.com, matt@sylaw.com, theresa@sylaw.com
- **Nissa Ann Iversen**
Nissal@atg.wa.gov, christineh1@atg.wa.gov, VivianB@atg.wa.gov,
NicoleB3@atg.wa.gov
- **Richard E Spoonemore**
rspoonemore@sylaw.com, matt@sylaw.com, rspoonemore@hotmail.com,
theresa@sylaw.com

DATED: March 18, 2016, at Seattle, Washington.

/s/ Eleanor Hamburger
Eleanor Hamburger (WSBA #26478)